

G'day, Mate -

Like many of you, I wasn't born into a family of horsemen, but the first time I met a horse, I was hooked. I still remember that day. My grandmother had gotten a Thoroughbred mare named Lee. Back then, my family and I knew absolutely nothing about horses, but we did our best to learn and I worked hard at bettering my skill set. When I was a teenager, I found my way to Gordon McKinlay and my lifelong journey of learning horsemanship took off. There have been plenty of successes and challenges along the way, but one thing that has stayed true is knowledge is power. The more knowledge you have, the better able you are to fix issues with yourself and your horse. Always remember: Frustration begins where knowledge ends. If you're starting out or struggling with your horsemanship, don't worry. We've all been there. Stay the course, keep adding to your knowledge and you'll become the horseman you dream of being.

Cheers,



Exclusive Access

The No Worries Club website and the Downunder Horsemanship app offer members unlimited access to thousands of hours of horse training videos and connect you with horse owners from around the world who share your passion for the Method. Be sure you're taking advantage of all your membership has to offer. One of the best features of the NWC is the community of horse lovers it fosters who all believe in Clinton's horsemanship philosophy. Connect with other horse owners on the website's wall and forums to share your goals, struggles and accomplishments, and get your questions answered by any number of resources Clinton has made available, including:

- Hundreds of *Downunder Horsemanship* TV shows.
- A library of videos covering a variety of topics made for members.
- Back issues of the *No Worries Journal* that are packed full of innovative, inspirational and instructional articles.
- Video Q&As in which Clinton answers your personal training questions.
- "Test the Method" footage in which Clinton grades and critiques members as they perform each of the exercises from the Fundamentals and Intermediate Series.
- The "Methodology Series" in which Clinton shares the greatest lessons he's learned.
- Clinton's personal vlog, "The Man Behind the Method."

Log on to the club website at www.noworriesclub.com or access all of the same content by logging on to the Downunder Horsemanship app.

Upgrade to a Premium Membership

Premium No Worries Club membership gives you all of the benefits that come with being a member of the club *PLUS* access to Clinton's entire training library, which means you'll be able to view all of our training kits and videos any time you want, wherever you want. That's hundreds of hours of training content worth over \$5,700 at your fingertips!

Download the Downunder Horsemanship App

The Downunder Horsemanship app is free to download from the App Store and Google Play and will connect you to the No Worries Club and Downunder Horsemanship like never before. Access premium training content as well as exclusive No Worries Club member material.

Get Personalized Help

There's no better way to better your horsemanship or learn to fine-tune the partnership you share with your horse than by attending a clinic or taking a lesson. Clinton's Professional Clinicians and Method Ambassadors are available to travel to your barn to teach you and your horse. Learn all about the talented horsemen who have received Clinton's certification on our website www.certifiedclinician.com.

We're Here to Help You

If you have questions or need help with your No Worries Club membership, contact us at 888-287-7432 or customerservice@downunderhorsemanship.com.



DON'T BLAME THE DISTRACTIONS. INPROVE YOUR FORS.



January 2024

Horses learn through the release of pressure. The quicker you are to release pressure, the faster your horse will catch on to the lesson. – Clinton

	De	ecer	nbe	r 20)23			Fe	ebru	Jary	20	24	
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10	11	12	13	14	15	16	11	12	13	14	15	16	17
17	18	19	20	21	22	23	18	19	20	21	22	23	24
24	25	26	27	28	29	30	25	26	27	28	29		
31													

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	New Year's Day					
7	8	9	10	11	12	13
14	15	16	17	18	19	20
	Martin Luther King, Jr. Day					
21	22	23	24	25	26	27
						Wallachaut Taur Jala St Javis MO
28	29	30	31			Walkabout Tour – Lake St. Louis, MO
Walkabout Tour – Lake St. Louis, MO			Diez's Birthday			NWC Exclusive: Winter Journal

NOT EVERY TRAINING SESSION WILL BE THE BEST. SHOW UP ANYWAY & PUT IN THE EFFORT.



February 2024

If you never challenge yourself or raise the level of expectations you have for your horse, you'll never make progress. - Clinton

	J	anu	ary	202	24				Mar	ch 2	2024	1	
S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
	1	2	3	4	5	6						1	2
7	8	9	10	11	12	13	3	4	5	6	7	8	9
14	15	16	17	18	19	20	10	11	12	13	14	15	16
21	22	23	24	25	26	27	17	18	19	20	21	22	23
28	29	30	31				24	25	26	27	28	29	30
							31						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
NWC Exclusive: Video					Groundhog Day	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
			Valentine's Day			
18	19	20	21	22	23	24
	Presidents Day					
25	26	27	28	29		



March 2024

The last thing you do with your horse today is the first thing he'll remember tomorrow. Always end on a good note. - Clinton

	F	ebru	Jary	20	24				Арі	ril 2	024		
S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
				1	2	3		1	2	3	4	5	6
4	5	6	7	8	9	10	7	8	9	10	11	12	13
11	12	13	14	15	16	17	14	15	16	17	18	19	20
18	19	20	21	22	23	24	21	22	23	24	25	26	27
25	26	27	28	29			28	29	30				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
NWC Exclusive: Video						
3	4	5	6	7	8	9
Daylight Savings Time begins	11	12	13	14	15	16
17 St. Patrick's Day	18	19	20	21	22	23
24 31 Easter	25	26	27	28	29	30

IT'S GOING TO GET BEFORE IT GETS

the with

April 2024

It's not your farrier's job to train your horse. Spend time building your horse's confidence about having his feet picked up so that he stands quietly when the farrier works on him. - Clinton

		Mar	ch 2	2024	4				Ma	ay 2	024		
S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
					1	2				1	2	3	4
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	
31													

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	April Fool's Day Clinician Academy Begins					
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				NWC Exclusive: Spring Journal



May 2024

Step outside your comfort zone. You'll never get better if you don't push yourself. - Clinton

		Арі	ril 2	024					Jur	ne 2	024		
S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
	1	2	3	4	5	6							1
7	8	9	10	11	12	13	2	3	4	5	6	7	8
14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30					23	24	25	26	27	28	29
							30						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
NWC Exclusive: Video						
5	6	7	8	9	10	11
Cinco de Mayo						
12	13	14	15	16	17	18
Mother's Day					Clinician Academy Ends	
19	20	21	22	23	24	25
26	27 Memorial Day	28	29	30	31	

THERE IS ALWAYS A LESSON TO BE LEARNED

FUUGTO SEE T.

June 2024

Don't ruin excellence in the pursuit of perfection. Recognize your horse's ability and limitations and train him accordingly. – Clinton

		Ma	y 20	024					Jul	y 20	024		
S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
			1	2	3	4		1	2	3	4	5	6
5	6	7	8	9	10	11	7	8	9	10	11	12	13
12	13	14	15	16	17	18	14	15	16	17	18	19	20
19	20	21	22	23	24	25	21	22	23	24	25	26	27
26	27	28	29	30	31		28	29	30	31			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
NWC Exclusive: Video						
2	3	4	5	6	7	8
Phoenix's Birthday						
9	10	11	12	13	14	15
					Flag Day	
16	17	18	19	20	21	22
Edit of Day			Lucition th			
Father's Day			Juneteenth			
23	24	25	26	27	28	29
30						

ON YOUR GOAL, NOT THE OBSTACLES IN YOUR WAY.



July 2024

Horses don't learn perfectly. Your horse will make more progress if you take the time to break each lesson into steps and introduce each step separately. - Clinton

		Jur	ne 2	024				,	Aug	ust	202	24	
S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
						1					1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31
30													

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
				Independence Day		
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27 Walkabout Tour – Rancho Murieta, CA
28 Walkabout Tour – Rancho Murieta, CA	29	30	31			NWC Exclusive: Summer Journal



August 2024

Nothing beats experience. If you want to be a better horseman, take lessons, attend clinics and work with as many horses as you can. - Clinton

			Jul	y 20	024				Se	pter	nbe	er 20	024	
	S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
		1	2	3	4	5	6	1	2	3	4	5	6	7
	7	8	9	10	11	12	13	8	9	10	11	12	13	14
1	4	15	16	17	18	19	20	15	16	17	18	19	20	21
2	21	22	23	24	25	26	27	22	23	24	25	26	27	28
2	28	29	30	31				29	30					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
NWC Exclusive: Video						
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

GIVE UP-THE GOOD TO GO FOR THE GREAT

Boone



September 2024

There's no substitute for hard work. If you want something, get after it and go earn it. - Clinton

		A	Augi	ust	202	4			0	cto	ber	202	24	
9	5	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
					1	2	3			1	2	3	4	5
4	4	5	6	7	8	9	10	6	7	8	9	10	11	12
1	1	12	13	14	15	16	17	13	14	15	16	17	18	19
1	8	19	20	21	22	23	24	20	21	22	23	24	25	26
2	5	26	27	28	29	30	31	27	28	29	30	31		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Labor Day					
8	9	10	11	12	13	14
Grandparents Day						
15	16	17	18	19	20	21
		Clinton's Birthday				
22	23	24	25	26	27	28
29	30					NWC Exclusive: Video

FOR ANYTHING LESS THAN WHAT YOU DESERVE.



October 2024

	Se	oter	nbe	er 20	024			No	over	nbe	r 20	24	
S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
1	2	3	4	5	6	7						1	2
8	9	10	11	12	13	14	3	4	5	6	7	8	9
15	16	17	18	19	20	21	10	11	12	13	14	15	16
22	23	24	25	26	27	28	17	18	19	20	21	22	23
29	30						24	25	26	27	28	29	30

To get the most out of a training session, have a goal of what you'd like to accomplish with your horse. You may have to make some variations depending on how your horse is acting, but it'll give you a focus. - Clinton

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
	Columbus Day		Boss's Day			Sweetest Day
201	21	22	23	24	25	26
27	28	29	30	31		
				Halloween		NWC Exclusive: Fall Journal

YOU HAD A DREAM BEFORE ANYONE EVER HAD AN OPINION ABOUT IT.



November 2024

Don't let the little things slip. Be conscious of what behavior you're rewarding your horse for and what behavior you're allowing him to get away with. - Clinton

	C)cto	ber	202	24			De	ecer	nbe	r 20	24	
S	Μ	Т	W	Т	F	S	S	М	Т	W	Т	F	S
		1	2	3	4	5	1	2	3	4	5	6	7
6	7	8	9	10	11	12	8	9	10	11	12	13	14
13	14	15	16	17	18	19	15	16	17	18	19	20	21
20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	7 28	29	30	31			29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
NWC Exclusive: Video						
3	4	5	6	7	8	9
Daylight Savings Time ends						
10	11	12	13	14	15	16
	Veterans Day					
17	18	19	20	21	22	23
24	25	26	27	28 Thanksgiving Day	29 Black Friday	30

MISTAKES ARE PART OF THE JOURNEY. LEARN, IMPROVE, MOVE ON.



December 2024

Surround yourself with people who inspire you, support your goals and give you honest feedback. - Clinton

	No	over	nbe	r 20	24			J	anu	ary	202	25	
S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
					1	2				1	2	3	4
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Cyber Monday					
8	9	10	11	12	13	14
					National Day of the Horse	
15	16	17	18	19	20	21
						Walkabout Tour – Clemson, SC
22	23	24	25	26	27	28
Walkabout Tour – Clemson, SC		Christmas Eve	Christmas Day			
29	30	31				
		New Year's Eve				NWC Exclusive: Video

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